

MILO BEAR™

# MUSIC SMART

## ACTIVITY SHEET

5 Easy Music Activities That Build Your Child's Speech, Language & Connection

Music is one of the most powerful ways to support communication. Use these simple, play-based strategies to build vocabulary, memory, and connection with your child.



SING, PLAY, LEARN & GROW!

1



### BUILD VOCABULARY THROUGH SONGS

- Sing repetitive songs like Old MacDonald
- Pause to let your child fill in words
- Pair words with gestures or objects

★ Try this with MILO!

Use the "Sing with MILO" song sheet and pick favorite songs together!



2



### TAP OUT SOUNDS & SYLLABLES

- Clap or tap syllables (ba-na-na)
- Use maracas or bells
- Play fast vs. slow

Try this with MILO!

Use maracas or jingle bells from MILO's purple Music Smart pocket!



3



### PRACTICE LISTENING & IMITATION

- Sing simple sound patterns (la-la, ba-ba)
- Encourage your child to copy
- Take turns making sounds

Try this with MILO!

Take turns with MILO! Let your child copy the sounds you sing or tap.



4



### SUPPORT CALM & REGULATION

- Use slow, calming songs
- Take deep breaths between phrases
- Add gentle rocking or movement

Try this with MILO!

Use soft music from MILO's Music Smart pocket to help your child relax and reconnect.



5



### ADD MOVEMENT FOR LEARNING

- Dance, jump, and move to music
- Use instruments on wrists/ankles
- Follow directions (stop/go, up/down)

Try this with MILO!

Put bells on wrists or ankles (or on MILO!) and move, dance, and learn together!



MILO'S MUSIC SMART POCKET



### USE THIS WITH MILO BEAR™!

MILO's Music Smart pocket (purple 🎵) has maracas, jingle bells (for wrists, ankles, or on MILO!), and an activity card with goals to help build:

- ✓ Concept Development
- ✓ Vocabulary
- ✓ Listening & Imitation
- ✓ Turn-Taking
- ✓ Following Directions
- ✓ Body Awareness

Turn songs into meaningful, interactive play that builds communication and connection!

### REMEMBER:

When we build from our child's strengths... we create more connection, confidence and communication!

MILO  
Play together. Learn together.

Get your MILO Bear™ & full activity system at  
[www.milo-bear.com](http://www.milo-bear.com)

FOLLOW US!

