



Music Smart



Here are some ideas to try out at home if your child has been identified as having a strength in the area of Music Smart. These activities will encourage this smart while developing other areas of intelligence as well.

- Use kitchen utensils as instruments while singing familiar songs as you march around the house. Use language such as “shake them up, shake them down, and stop”. (Music/Body)
- Create rainsticks out of pebbles and toilet paper rolls. Sing songs such as “If all the raindrops were lemon drops and gum drops”. (Music/Nature)
- Look in a mirror while you sing songs about feelings, such as “If you’re happy and you know it”. (Music/Self)
- Use bath-time or meal-time to play music that your child loves to hear (fast exciting music that encourages imitating and turn-taking during the day, and calm quiet music (classical) during reading or bedtime). (Music/People)
- Get books from the library that shows pictures and talks about different types of instruments. (Music/Word)
- Sing counting songs such as “One, two, buckle my shoe” and “The ants go marching”. (Music/Math)
- Pair up using puzzles with music that has to do with puzzle (for example, dinosaur songs while playing with dinosaur puzzles). (Music/Spatial)

